

LAURA McELROY BEAUTY LLC

*Waxing * Makeup * Lash & Brow*
www.lauramcelroybeauty.com (605) 370-1577

Post-Care Instruction for Microblading/PMU Brows

The following are required Post-Care Instructions that must be strictly adhered to by Client after any and all Microblading/PMU Brow procedures(s).

The Day of Your Appointment:

- After the procedure, every 10 minutes for 2 hours, blot your brows carefully with lightly dampened gauze, a damp q-tip, or a clean tissue to prevent lymph fluid buildup and scabbing.

The Day of Your Appointment Until Healed (30 Days):

- Wash brows gently for 10 seconds (patting motion, not rubbing) 2-3 times per day with warm water and Dove Bar Soap (White or Sensitive Beauty Bar). Suds up between fingers so all you feel are the bubbles. Splash your brows with lukewarm water. Pat dry with a clean tissue or paper towel. Make sure brows are completely dry. Apply Brows Eyes Lips (aftercare I give you) with a q-tip sparingly (rice grain amount). (14 Days)
- Be sure not to over-apply the aftercare product. The ointment should be barely noticeable on the skin. **NEVER** apply the aftercare on a wet or damp tattoo.
- Normal, gentle skincare routines may be used, avoiding the brow area. (Skincare may **NOT** contain active ingredients, such as AHA's, retinols, etc.)
- Continue to apply aftercare only as needed, very sparingly (rice grain amount) with a q-tip to help with healing and dryness.
- Do **NOT** allow brows to get wet, other than cleansing 2-3 times per day for the first 7 days.
- Do **NOT** pick or rub the brows. The flakes must fall off on their own or you risk removing the color and possibly scarring
- Do **NOT** soak the treated area in the bath, pool, or hot tub. Refrain from swimming in salt water or a chlorinated pool.
- Do **NOT** use saunas or do hot yoga.
- Do **NOT** expose treated area to direct sunlight.
- Avoid touching your brows and be mindful of sleeping on your back until your brows have healed.

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For One Week:

- Do **NOT** exercise... sweat and internal heat temperatures can lead to loss of pigment retention, infection, and possibly blurring of the pigment.

For Two Weeks:

- Days 8-14, light to moderate exercise that does not result in sweating is allowed... wear a sweatband at least until healed. (30 Days)
- Do **NOT** use any makeup on your brows. After the initial 2 weeks, please only use POWDER brow products.

After Four (4) Weeks:

- You may resume waxing, threading, and tinting.
- You may resume your normal skincare routine that includes AHA products, Retin-A, or any other active ingredients. Always avoid the brow area when applying. These products will migrate if used on the forehead. Your Microblading/PMU Brows may fade quicker, resulting in the need for additional touchups.
- Use a sunblock to avoid sun fading.

For ONE (1) Year:

- You may **NOT** give blood as recommended by The American Red Cross.