

LAURA McELROY BEAUTY

Waxing • Makeup • Lash & Brow

www.lauramcelroybeauty.com (605) 370-1577

Microblading/Microshading/Eyelining Pre and Post Care Information and Consent and Acknowledgement Form

The following are Pre-Care Instructions that must be strictly adhered to by Client prior to any Microblading/Microshading/Eyelining appointments.

Pre-Care Instructions for Microblading/Microshading/Eyelining

The Morning of Your Microblading/Microshading/Eyelining Appointment:

- Do **NOT** drink coffee, energy drinks, or any other caffeinated and/or sugary beverage that could cause you to be jittery. (3 hours prior to your appointment.)
- Do **NOT** take Niacin, Aspirin, Ibuprofen, or any other pain medication that thins the blood.
- Do **NOT** exercise.

24-48 Hours Prior To:

- Do **NOT** drink alcohol or be under the influence of drugs and/or alcohol.

No Less Than One (1) Week Prior To:

- If so desired, wax or thread your brows. I will clean up the brow with a brow shaver if needed.
- Do **NOT** tweeze your eyebrows for at least one week.
- Tint your eyebrows. The pigment color I select is based on your brow color. If you normally have darker brows due to tinting and want this color for Microblading, please do this!
- Refrain from taking Vitamin E and/or Omega 3 (Fish Oil).

No Less Than Two (2) Weeks Prior To:

- Refrain from Using Retinols and AHA Skincare Products.
- Receive Fillers, Collagen, or Fat Injections.
- Refrain from tanning or intense sun exposure.

No Less Than Six (6) Weeks Prior To:

- Refrain from using Retin-A. Depending on the length of use, the time frame may be longer. This needs to be discussed.
- Refrain from Laser and Chemical Peels. Depending on the strength and depth of the peel, the time frame may be longer. This needs to be discussed.
- Refrain from Microneedling, Vampire Facials, Photofacials, or any other intense skin rejuvenation treatment.

Topical Anesthetic during Microblading and Microshading procedure(s):

- **Procedure(s):** A topical anesthetic is used by LMB during all microblading and microshading procedures. The product is formulated to be perfectly safe and can be purchased over the counter from any pharmacy. It is placed over the treatment area 20-30 minutes prior to treatment. The use of the anesthetics combined with the procedure(s) you may experience some redness and swelling that can last 1-4 days. Follow all post-care procedure advice and instructions for best results.
- **Allergic reaction:** Can occur from any anesthetics used during the procedure(s). If you do suffer from an allergic reaction, you must contact your doctor immediately. Allergic reaction may show through redness, swelling, rash, blistering, dryness or any other symptoms associated with an allergic reaction.
- **Numbness:** LMB cannot accept responsibility if the area to be treated does not respond to the numbing cream. Each individual is different according to skin type.

Microblading/Microshading/Eyelining Contraindications

Cannot Perform Procedure(s) if:

- HIV
- Hepatitis
- Liver Disease
- Autoimmune Disease
- Cancer
- Serious Heart Disorders
- Blood Infections
- Hypo-Pigmentation
- Hypertrophic Scars
- Keloid Scars
- If under 18 Years of Age

Need a Doctor's Letter if:

- Diabetes
- Medications, especially those pertaining to Mental Health and Chronic Acne
- Anemia
- Artificial Heart Valves, Heart Problems, Blood Problems
- Epilepsy
- Tumors, Growths, or Cysts
- Cancer in the Past 6 Months

Temporarily Cannot Perform Procedures(s) if:

- Pregnant or breastfeeding
- Under the Influence of Drugs and/or Alcohol (Refrain from Alcohol for at Least 24 - 48 Hours)
- Allergies, Especially to Nickel or Topical Anesthetics. (Must do a Patch Test)
- Retinol or AHA Skincare Products within the Last 2 Weeks
- Retin-A, Laser, or Chemical Peels within the Last 6 weeks
- Fillers, Collagen or Fat Injections within the Last 2 Weeks.
- Visible Skin Conditions in the Brow Area, such as Eczema, Psoriasis, or Chronic Acne

Other Conditions that may Affect the Healing Time, Color Retention, and/or the Overall Results of the Procedure(s):

- Sensitivity to Cosmetics
- Prolonged Bleeding
- Trichotillomania (Pulling out Hair and Picking)
- Hair Loss
- High Blood Pressure
- Low Blood Pressure (May Experience Dizziness, Weakness, and/or Confusion)
- Hemophilia and other Bleeding Disorders
- Thyroid Disturbances
- Healing Problems
- Hyperpigmentation
- Oily Skin

Post-Care Instruction for Microblading/Microshading

The following are required Post-Care Instructions that must be strictly adhered to by Client after any and all Microblading/Microshading procedures(s).

The Day of Your Microblading/Microshading Appointment:

- After the procedure, every 30-60 minutes (sooner, if needed), blot your brows carefully with gauze, lightly dampened, a damp q-tip, or a clean tissue to prevent lymph fluid buildup and scabbing.

The Day of Your Appointment Until Healed (30 Days):

- Wash brows gently for 10 seconds (patting motion, not rubbing) AM and PM with baby soap if you have dry skin, Dial Gold if you have oily skin. 1 pump of soap, suds up between fingers so all you feel are the bubbles. Splash your brows with lukewarm water. Pat dry with a clean tissue or paper towel. Wait 10 Minutes. Apply your aftercare product with a q-tip sparingly (rice grain amount). Apply aftercare 4 times per day, unless told otherwise. (7-14 Days)
- Be sure not to over-apply the aftercare product. The ointment should be barely noticeable on the skin. **NEVER** apply the aftercare on a wet or damp tattoo.
- Normal, gentle skincare routines may be used, avoiding the brow area. (Skincare may **NOT** contain active ingredients, such as AHA's, retinols, etc.)
- Continue to apply aftercare only as needed, very sparingly (rice grain amount) with a q-tip to help with healing and dryness.
- Do **NOT** allow brows to get wet, other than washing AM and PM for the first 7 days.
- Do **NOT** pick or rub the brows. The flakes must fall off on their own or you risk removing the color and possibly scarring
- Do **NOT** soak the treated area in the bath, pool, or hot tub. Refrain from swimming in salt water or a chlorinated pool.
- Do **NOT** use saunas or do hot yoga.
- Do **NOT** expose treated area to direct sunlight.
- Avoid touching your brows and be mindful of sleeping on your back until your brows have healed.

For One Week:

- Do **NOT** exercise... sweat and internal heat temperatures can lead to loss of pigment retention, infection, and possibly blurring of the pigment.

For Two Weeks:

- Days 8-14, light to moderate exercise that does not result in sweating is allowed... wear a sweatband at least until healed. (30 Days)
- Do **NOT** use any makeup on your brows. After the initial 2 weeks, please only use POWDER brow products.

After Four (4) Weeks:

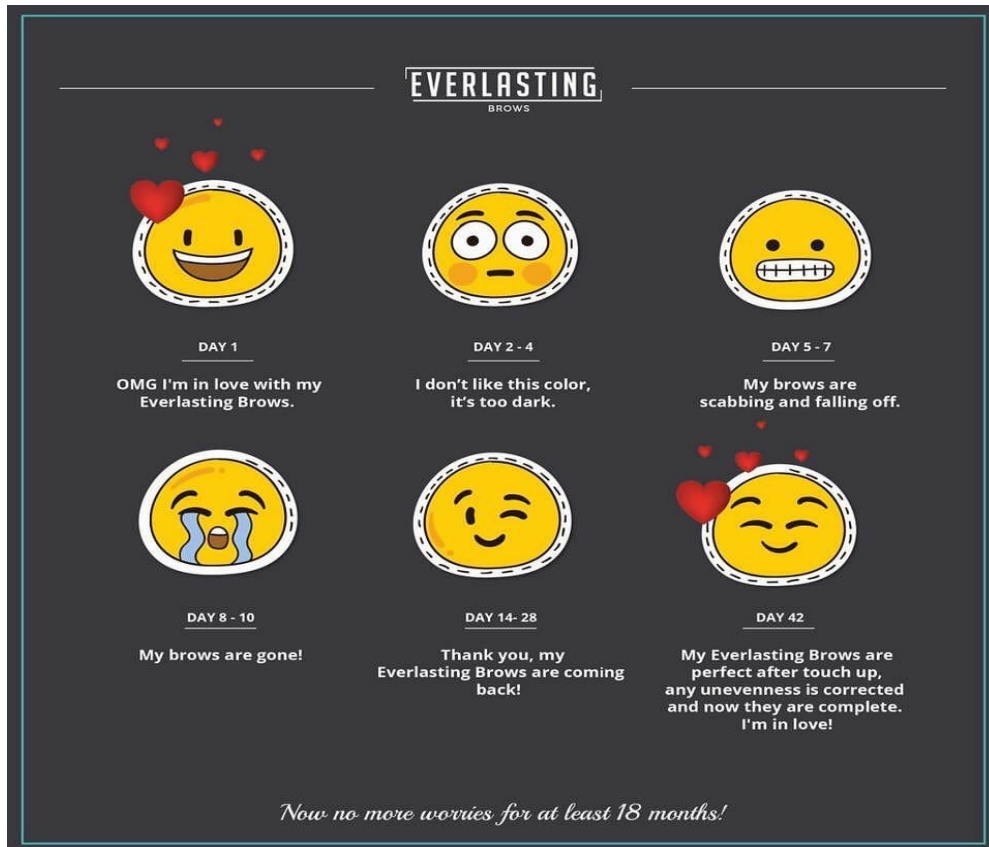
- You may resume waxing, threading, and tinting.
- You may resume your normal skincare routine that includes AHA products, Retin-A, or any other active ingredients. Always avoid the brow area when applying. These products will migrate if used on the forehead. Your Microblading may fade quicker, resulting in the need for additional touchups.
- Use a sunblock to avoid sun fading.

For ONE (1) Year:

- You may **NOT** give blood as recommended by The American Red Cross.

The Science Behind the Disappearing and Reappearing Hair Strokes:

- The body recognizes Microblading as an injury so it heals a protective skin over the strokes, which pushes up & releases the scabs, and conceals the strokes until cellular turnover occurs, revealing them over the next 3-4 weeks.



- **Failure to follow aftercare procedures may cause loss of pigment, discoloration, or infection.** Remember colors and hair strokes appear darker and sharper right after your Microblading treatment. As your brows heal, the color will soften and some hair strokes may disappear and reappear.

Post-Care Instructions for Eyelining

The following are Post-Care Instructions that must be strictly adhered to by Client post any Eyelining procedure(s).

- Wash lash line gently for 10 seconds (patting motion, not rubbing) AM and PM with baby soap if you have dry skin, Dial Gold if you have oily skin. 1 pump of soap, suds up between fingers so all you feel are the bubbles. Splash your lash line with lukewarm water. Pat dry with a clean tissue or paper towel. (For 7-14 Days)

Avoid:

For 3 Days:

- Contacts

For 5 Days:

- Eye Makeup (Light Eye Makeup from Day 5-14 . Use a NEW tube of Mascara.)
- Eyelash Curlers
- Hot, Steamy Showers
- Jacuzzi and Saunas
- Sweaty Exercise

For 7 Days:

- Chlorinated Pools

**Your eyes may be red and swollen for 2-3 days... this is completely normal. Limit driving on the day of the procedure to a minimum.*

Pricing:

Microblading: (3D Hair Strokes) - \$495

EverBlend: (3D Hair Strokes with Shading) - \$595

Microshading: (Shading Only) - \$295

Microblading/Shading/EverBlend Perfecting Enhancement Session: AFTER Initial Procedure: (6-8 Weeks) - (Included in the Pricing.) * Please note Microblading is a process, the Perfecting Enhancement Session is a very important part. During this time, LMB will add strokes, go over weak strokes, and adjust the color, if needed.

Microblading Color Enhancement: (2-10 Months) - \$195

Yearly Color Boost:

(10-14 Months) \$200 OFF (\$295)

(14-18 Months) \$100 OFF (\$395)

(18 Months and After) - FULL PRICE (\$495)

Lash Line Enhancement (Top) - \$195 (in the lash line, making lashes appear more full)

Lash Line Enhancement (Top & Bottom) - \$295

Lash Enhancement Perfecting Enhancement Session (4-6 Weeks) - (Included in the Pricing.)

CONSENT AND ACKNOWLEDGMENT

I have received, read and fully understand the above information provided and any and all risks involved with the procedure(s). I agree to strictly adhere to pre and post care instructions and advice. I understand the failure to follow LMB's pre and post care instructions and advice may impact the quality, longevity, and success of the procedure(s).

CLIENT: _____ DATE _____

LAURA MCELROY BEAUTY

By: Laura McElroy, Owner _____ DATE _____